



Dear Parents,

We are excited to once again offer a **Thrive Kid’s Fitness** class for our students this school year! Thrive Kids focuses on helping youth strengthen their bodies and improve their mindset in order to grow their confidence and leadership! Students will participate in a variety of activities including **games, workouts, team challenges** and **mindset activities** in order to help build a foundation of health!

This year we will be hosting two 6-week programs for the students with one in the Fall and one in the Spring! The Fall program will start **SEPTEMBER 6th** and run every Tuesday through October 11th on the following dates:

Tuesdays, 8-8:45am

September 6, 13, 20, 27, October 4, 11

For more information on what Thrive Kids is about visit **movegrowthrive.com!** If you are interested in your child participating, please fill out the information below and return this form to Mr. Evans or the school office by **SEPTEMBER 5th**!

Coach Hannah

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THRIVE KIDS PERMISSION SLIP

Please return to the school office by September 5th!

We, the undersigned student and parent/guardian of _____
(the “Student”), do hereby give permission for Student to participate in THRIVE KIDS in the school gymnasium on TUESDAYS at 8:00 am. A copy of this permission slip will be maintained in the office in the event of an emergency or other non-emergency situation requiring prompt location of the Student.

Photo release: by signing below we hereby grant permission for photographs and videos of Student during Thrive Kid’s class to be used for any legal use including publicity, web content, advertising, and social media.

PARENT/GUARDIAN SIGNATURE _____

EMAIL _____

DATE _____
